



Registration Form

Preferred Course Dates _____

Venue _____

Name: _____

Organisation: _____

Job Title: _____

Address: _____

Tel: _____

Email: _____

If working in NHSCT - Signature of Line Manager who has approved your application:

Line Manager Signature: _____

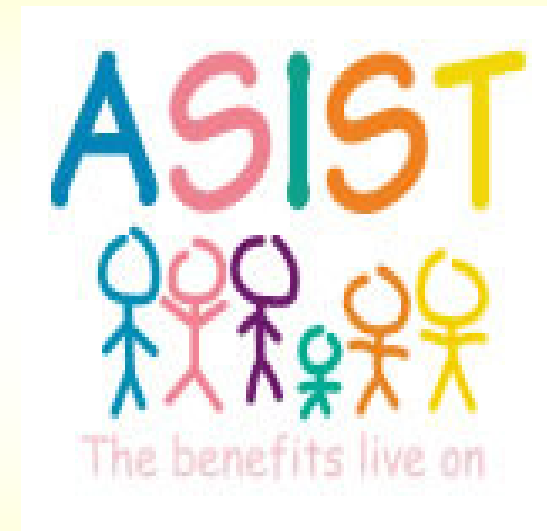
Line Manager Tel: _____

Please forward to:

Nuala Pickering

Suicide Prevention Development Project, CWSAN Unit 2,
Rainey Centre, 80-82 Rainey Street, Magherafelt, BT45 5AJ
Tel: 028 79634865. Email: nuala.magherafelt@btconnect.com

A letter will be sent out to confirm your place. Places will be allocated on a first come basis. There are 24 places per course.



Applied Suicide Intervention Skills (ASIST)

This 2-day course aims to help participants to feel more confident and competent when dealing with a person who is at risk of suicide. Participants will learn how to recognise and estimate risk and explore how to intervene to prevent immediate risk of suicide using an internationally accepted model for intervention.

Issues covered include:

- ◆ Attitudes towards suicide
- ◆ Recognising suicidal thoughts
- ◆ Estimating suicidal risk
- ◆ Applying a Suicide Intervention Model
- ◆ Resources and support available locally
- ◆ Self-care

This course will be of particular interest to individuals:

- ◆ In community, voluntary and statutory organisations
- ◆ Those working with/in contact with individuals with mental health or emotional problems including carers
- ◆ Those with an interest in increasing their knowledge of mental health

Each participant will be given a copy of the ASIST Manual for ongoing reference.

The Northern Area ASIST Training Courses are funded by the Public Health Agency, through the Protect Life Strategy and so
COURSE PLACES ARE FREE TO ALL APPLICANTS.



2 Full Days Awareness Training

Date: 20th & 21st July 2010

Time: 9.00am – 4.30pm

Venue: Antrim Enterprise Agency, Antrim

Date: 27th & 28th July 2010 (2 courses)

Venue: Antrim Enterprise Agency, Antrim
&

All Saints Parish Centre, Ballymena

Time: 9.00am – 4.30pm

World Suicide Prevention Week

Dates: 6th & 7th September, Cookstown
&

9th & 10th September, Ballymoney,

Time: 9.00am – 4.30pm

Please complete and return the application form and you will be placed on a waiting list and contacted when new course dates are confirmed. Please return to:

Nuala Pickering

Suicide Prevention Development Project, CWSAN, Unit 2,
The Rainey Centre, 80-82 Rainey Street, Magherafelt,
BT45 5AJ. Tel : 028 7963 4865. Email:
nuala.magherafelt@btconnect.com