



# Certificate in Mental Health Awareness

NCFE Level 1\*



This course will include a focus on the relationship between mental health and substance misuse. The course content will include:

- Defining the terms 'mental health' and 'mental ill-health'
- Raising awareness of the issues surrounding mental health difficulties
- Dispelling myths and misconceptions frequently linked to mental health issues
- The relationship between mental health and substance misuse
- Causes of mental health difficulties
- Rights of people experiencing mental ill-health
- Possible responses to mental health difficulties
- Information on services for further help or guidance
- Barriers to people with mental health difficulties accessing services

\*NCFE Level 1 is comparable to NVQ1, Intermediate GNVQ and GCSE grades A\*-C



## Expression of Interest Form

No expression of interest will be accepted without this required information.

*Course Title & Reference Number	<b>Certificate in Mental Health- Expression of interest</b>
*Title ( <i>Mr/Mrs/Miss/Ms etc.</i> )	
*Name	
Job Title	
Organisation	
*Address	
*Postcode	
*Contact Telephone no:s	
E-mail Address	
Do you have any special needs in terms of dietary requirements or access which you would like us to be aware of?	
Where did you learn about this training?	
Which Health & Social Care Trust area would you prefer to complete this training in?	<input type="checkbox"/> Belfast HSCT <input type="checkbox"/> South Eastern HSCT <input type="checkbox"/> Northern HSCT <input type="checkbox"/> Southern HSCT <input type="checkbox"/> Western HSCT
If ASCERT are unable to procure funding for this course, would you be willing to pay for a place on this course.	<input type="checkbox"/> YES, I WOULD STILL COMPLETE THIS COURSE IF FUNDING WAS NOT AVAILABLE.  <input type="checkbox"/> NO, I WOULD NOT BE INTERESTED IN THIS COURSE UNLESS MY PLACE WAS FREE.

Please note that ASCERT will confirm receipt of your expression of interest by email.

**Please return this form to: Training Administrator, ASCERT, 23 Bridge Street, Lisburn, County Antrim, BT28 1XZ, Fax to 028 9260 3874 or email to [training@ascert.biz](mailto:training@ascert.biz)**