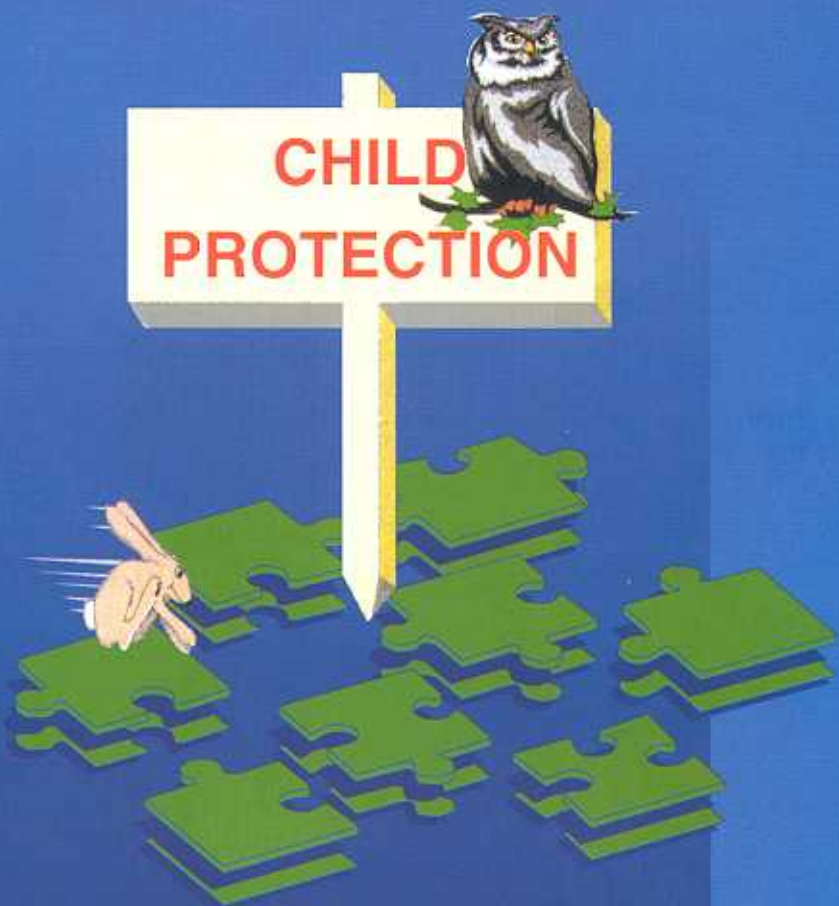


# CHILDREN and YOUNG PEOPLE



**WHAT YOU NEED  
TO KNOW.**

# YOUNG PEOPLE NEED TO KNOW.

- ★ Never go off with another person without telling your Mum, Dad or whoever is looking after you.
- ★ Always tell the person who is looking after you where you are going.
- ★ If an adult forces you to do things that you know are wrong or don't like, you should shout, kick or do anything to get away.
- ★ If a bigger person who is looking after you is making you feel bad, tell another bigger person so that something can be done about it.

No one knows exactly why some bigger people abuse children. There may be many different reasons. But whatever the reason, abuse is **always** wrong and it is **never** the child's fault



**REMEMBER:**  
abuse can happen -  
**In familiar areas:** your own house, street or going to and from school.  
**In public places:** parks, playgrounds, public toilets, cinemas and shopping centres.  
**In unfamiliar or deserted areas:** derelict ground, woods, camp sites or alleyways.

**Remember!!**  
**Some secrets**  
**are not**  
**good**  
**to keep.**

# Some things to think about.

There are 4 types of abuse:

**NEGLECT:** This can be when a young person is not regularly fed or clothed properly, left alone or generally look after themselves



**EMOTIONAL ABUSE:** this can be when a bigger person threatens, taunts or shouts at a younger person causing him or her to feel bad or scared and not able to progress the way they should.

**SEXUAL ABUSE:** This can be when a bigger person touches a younger persons private parts. Sometimes a bigger person makes a younger person touch their private parts. Even though this may feel nice, it is **very wrong** and the bigger person should not do it.



**PHYSICAL ABUSE:** This is when a bigger person hurts a younger person and causes them harm for example by hitting, shaking, burning or biting.





**Nobody can stop abuse on their own. Everyone needs somebody else to help.**

There are lots of people who can help you.  
An older family member, aunt/uncle, favourite teacher.  
Keep trying until somebody listens to you, don't give up!



Write in the space below who you would talk to if you needed help.

**A social worker who knows about children will help you and do all they can to help. RING**

Antrim	028 94 416555	Coleraine	028 703 52221
Ballycastle	028 20 762651	Cookstown	028 867 23800
Ballymena	028 25 635640	Larne	028 28 275427
Ballymoney	028 27 664101	Magherafelt	028 79 301700
Carrickfergus	028 93 315114	Rathcoole	028 90 849142

**A police officer who knows about children can help at the numbers below. RING**

Antrim	028 90 650222	Ballymena	028 25 653355
Coleraine	028 703 44122	Cookstown	028 867 66000

**CHILDLINE -- 0800 1111 (Freephone)**  
**National Society for Prevention of Cruelty to Children**  
**0800 800500 (Freephone)**