

ORGANISATION

Al-Anon Family Group

Cathedral Buildings
64 Donegal StreetBelfast
BT1 2FJ
(028) 90 243489

Returned:

N

OPENING HOURS**AGES GROUPS**

10-18 years

HELPLINE1

(028) 90243489

SERVICE

Offers information and support for those affected by someone else's drinking. Information available to schools, health services, churches, pastoral centres. Also provide group and one-to-one meetings.

HOW CAN THE SERVICE BE ACCESSED?**ORGANISATION**

Alcoholics Anonymous - Helpline

PO Box 1
Stonebow House
Stonebow
YorkYO1 7NJ
(028) 90 434848

Returned:

N

OPENING HOURS**AGES GROUPS**

All ages

HELPLINE1

(028) 90 434848

www.alcoholics-anonymous.org.uk
lemongsoyork@btconnect.com

SERVICE

Provides an opportunity for alcoholics to share their experiences, strength and hope with each other to aid the recovery of alcoholism

HOW CAN THE SERVICE BE ACCESSED?**ORGANISATION**

Barnardos

Young Carers Service

36a Westland Road

Magherafelt
BT45 5AY
028 79634402

Returned:

Y

OPENING HOURS**AGES GROUPS**

4-18 years

HELPLINE1

www.barnardos.org.uk
tony.mcgurk@barnardos.org.uk

SERVICE

Provides support to children and young people who undertake the role of primary or secondary carers to parents or siblings. Furthermore provides support to groups and clubs across the Board area.

HOW CAN THE SERVICE BE ACCESSED?

Self and professional referral. Contact local club in your area.

ORGANISATION

Barnardos

Young Parents Network

Somerset House
234 Ormeau RoadBelfast
BT7 2F2
028 90646515**OPENING HOURS**

9.30 - 4.30 Monday - Friday

AGES GROUPS

16-25 years

HELPLINE1www.barnardos.org.uk
ni.youngparents@barnardos.org.u**SERVICE**

Provides support to young parents, addresses relevant issues and assists in ways to overcome problems. The service is provided in conjunction with local Sure Start (in Coleraine Area). Overseas the School Age Mothers Support Service in each ELB area. Provides an outreach advice service to young parents, their families and agencies that work with them.

HOW CAN THE SERVICE BE ACCESSED?

Referral through local Sure-Start Projects in different district council areas

Returned:

Y

ORGANISATION

Brook Advisory Centre

29A North Street

Belfast
BT1 1NA
(028) 90 328866**OPENING HOURS**

Mon/Tues/Wed 2.30 - 5.00, Thurs
5.30 - 8.00 Fri 2.00 - 4.30 (4.00 on the
last Fri of the Month) Sat 1.30 - 4.00
Sun 1.30 - 3.00 Young Men's Clinic
4.00 - 5.30

AGES GROUPS

Females 19 years and under.
Males 24 years and under.

HELPLINE1028 9032 2023
www.brook.org.uk
belfast.brook@talk21.com**SERVICE**

Provides free confidential sexual health advice and contraception to young people. Services provided include contraception, pregnancy testing, emergency contraception, Chlamydia screening, condoms and having someone to talk to.

HOW CAN THE SERVICE BE ACCESSED?

Drop in service.

Returned:

Y

ORGANISATION

Cara Friend - Helpline

PO Box 44

Belfast
BT1 2GT
(028) 90 322023**OPENING HOURS****AGES GROUPS****HELPLINE1**07707216921
www.glyni.org.uk
cara.friend@btinternet.com**SERVICE**

Information service for gay men, lesbians and bisexuals.

HOW CAN THE SERVICE BE ACCESSED?

Returned:

N

ORGANISATION

Carers Northern Ireland

58 Howard Street

Belfast

BT1 6PJ

(028) 90 439843

OPENING HOURS**AGES GROUPS**

All ages.

HELPLINE1

CarersLine: 0808 808 7777

www.carersni.org

info@carersni.demon.co.uk

SERVICE

Operating an information service for carers and professionals, dealing with a range of issues such as carers' benefits, community care and services for carers.

Providing a wide range of leaflets and booklets and a regular newsletter for carers, members and professionals.

Offering free one to one internet taster sessions for carers to enable them to access information on the web.

HOW CAN THE SERVICE BE ACCESSED?

Self referral. Contact either Lyn Campbell or Brenda Liddy on the number provided for details of services in your area.

Returned:

Y

ORGANISATION

Carrickfergus Community Drug and Alcohol Advisory Group

4 Cheston Street

Carrickfergus

BT38 7BH

028 93351562

OPENING HOURS

Monday - Friday 9.00am - 5.00pm

AGES GROUPS

All ages.

HELPLINE1

www.ccdaag.org

office@ccdaag.org

SERVICE

Provides the community with confidential information, advice and support in relation to drugs and alcohol related issues.

HOW CAN THE SERVICE BE ACCESSED?

Self.

Returned:

Y

ORGANISATION

Childline (NI)

1st Floor

Queens House

14 Queens Street

Belfast

BT1 6ED

0870 336 2945

OPENING HOURS

24 hours a day

AGES GROUPS

10-18 years

HELPLINE1

08001111

www.childline.org.uk

SERVICE

Provides confidential, emotional support for young people in danger, distress or with any problem.

HOW CAN THE SERVICE BE ACCESSED?

Online or via the telephone

Returned:

Y

ORGANISATION

Children's Law Centre

Philip House
123-137 York StreetBelfast
BT15 1AB
(028) 90 245704**OPENING HOURS**

Monday - Friday 9-5

AGES GROUPS

0-18 years

HELPLINE108088085678
www.childrenslawcentre.org
info@childrenslawcentre.org**SERVICE**

Legal information, advice and representation for children and young people. Free telephone advice line.

HOW CAN THE SERVICE BE ACCESSED?

Telephone or email

Returned:

Y

ORGANISATION

Chinese Welfare Association

Generation Y

133-135 University Street

Belfast
BT07 1HQ
(028) 90 288277**OPENING HOURS****AGES GROUPS**

All ages.

HELPLINE1

www.cwa-ni.org

SERVICE

Provides support to the local Chinese Community and provides services which meet both the health and social needs of adults and children.

HOW CAN THE SERVICE BE ACCESSED?

Self or professional referral

Returned:

Y

ORGANISATION

Citizens Advice Bureau

15 Molesworth Street

Cookstown

028 8676 6126

OPENING HOURS**AGES GROUPS****HELPLINE1****SERVICE**

Offers advice on Social Security, Employment, Housing, Consumer, Debt, Legal, Relationship Probs.

HOW CAN THE SERVICE BE ACCESSED?

Returned:

N

ORGANISATION

Cookstown and District Women's Group

Positive Steps Community Centre
2c Park Avenue

Cookstown
BT80 8AH
(028) 86 761020

Returned:

Y

OPENING HOURS**AGES GROUPS**

Crèche 0-4, 16-80+ years

HELPLINE1

pstepslc@hotmail.com

SERVICE

Provides Crèche facilities for 0-4 year olds. Offers pre-vocational, vocational and recreational training for mainly women. Essential skills unit for literacy & numeracy. Community relations. Personal development for participants.

HOW CAN THE SERVICE BE ACCESSED?**ORGANISATION**

Cookstown Family Centre

2 Westland Road

Cookstown
BT80 8BX
028 8672 3933

Returned:

Y

OPENING HOURS

Monday - Friday 9-5

AGES GROUPS

All ages

HELPLINE1

vicky.bowland@northerntrust.hscn

SERVICE

Assessment and Therapeutic services for children and families. Parenting advice and support are also offered, along with a range of interventions including behaviour management, counselling and family work. A multi disciplinary staff team comprising of social workers and health visitors work with children and families either individually or in groups.

HOW CAN THE SERVICE BE ACCESSED?

Professional and Self referral

ORGANISATION

Council for the Homeless

72 North St

BELFAST
BT11 1LD
(028) 90 246440

Returned:

N

OPENING HOURS**AGES GROUPS****HELPLINE1**

www.chni.org.uk
info@chni.org.uk

SERVICE

Council for the Homeless NI is primarily an umbrella organisation, providing information, advocacy, lobbying, research and training services to those organisations that provide services, whether directly or otherwise, to the homeless population in NI. This said, CHNI does have members in ROI, Scotland & England. CHNI would provide a signposting service to all homeless people, if they approach us for information (all age groups and household types). Furthermore, CHNI provides a youth - training programme, providing essential skills and multi-media training to 16-25yr olds. This programme is delivered by our Youth Participation Officer.

HOW CAN THE SERVICE BE ACCESSED?

Self referral

ORGANISATION

Disability Action - Helpline

Portside Business Park
189 Airport Road West

Belfast
BT3 9ED
(028) 90 491011

OPENING HOURS**AGES GROUPS****HELPLINE1**

www.disabilityaction.org
information@disabilityaction.org

SERVICE

Advice and information on all aspects for anyone affected by disability.

HOW CAN THE SERVICE BE ACCESSED?

Telephone or email

Returned:

Y

ORGANISATION

Extern

Linden Services

208 Ballyduff Road

N'TOWNABBEY
BT36 6UX
(028) 90 839410

OPENING HOURS**AGES GROUPS**

13-17 years

HELPLINE1

www.extern.org
angela.linden@extern.org

SERVICE

Extern believes feeling safe and secure within our neighbourhoods, within our living arrangements and within our families is every citizen's right. Yet, for some these are not attainable without assistance and Extern provides neighbourhood programmes wherein residents can consider their own needs and solutions; accommodation services for those who are homeless; and support services for vulnerable adults, children and families. Extern respects and builds upon the strengths of individuals, families and communities, working in partnership with them and the public sector, to overcome challenging issues, reduce crime and promote social inclusion.

HOW CAN THE SERVICE BE ACCESSED?

Via Social Worker

Returned:

Y

ORGANISATION

Family Fund

4 Alpha Court
Moalks Cross Drive
Huntington
York

YO32 9WN
(028) 70 355660

OPENING HOURS**AGES GROUPS**

0-16 years

HELPLINE1

www.familyfund.org.uk
juk@familyfund.org.uk

SERVICE

Financial Assistance and information for families with children with severe disability or serious illness

HOW CAN THE SERVICE BE ACCESSED?

Professional or self referral

Returned:

Y

ORGANISATION

Fostering Network NI

Unit 10

40 Montgomery Road

Belfast

BT6 9HL

02890705056

OPENING HOURS

Monday-Friday 9am-5pm

AGES GROUPS

10+ years

HELPLINE1

www.fostering.net

ni@fostering.net

SERVICE

Provide information about fostering to the general public. Independent information, advice, training and support for foster carers, social workers and others interested in fostering. Support for sons and daughters of carers.

HOW CAN THE SERVICE BE ACCESSED?

Professional or self referral

Returned:

Y

ORGANISATION

Gamcare - Helpline

Gambling Therapy

OPENING HOURS

Mon - Fri 1.00pm - 5.00pm

AGES GROUPS**HELPLINE1**

0845 6000133

www.gamblingtherapy.org

SERVICE

Confidential counselling, advice and information for anyone affected by a gambling problem.

HOW CAN THE SERVICE BE ACCESSED?

On line or by phone.

Returned:

Y

ORGANISATION

Gingerbread NI

Supporting One Parent Families

169 University St

Belfast

BT7 1HR

(028) 90 231417

OPENING HOURS**AGES GROUPS**

All ages.

HELPLINE1

0808 808 8090

www.gingerbreadni.org

enquiries@gingerbreadni.org

SERVICE

Supports lone parents and their children. Services provided include advice, information, career and educational guidance, training, childcare and children and young people services.

HOW CAN THE SERVICE BE ACCESSED?

Self referrals, referrals from statutory and voluntary organisations. Contact the above number for services in your area.

Returned:

Y

ORGANISATIONHealth Information Service -
Helpline

0800 665544

OPENING HOURSMonday-Thursday 9am- 7pm Friday
9am-5pm**AGES GROUPS**

All ages

HELPLINE1www.mindbodysoul.gov.uk**SERVICE**

Provides information on HPSS services, and coping with illnesses and treatment. Support groups and help lines including smoking, mental health, sexual health, pregnancy/abortion.

HOW CAN THE SERVICE BE ACCESSED?

Telephone

Returned:

N

ORGANISATIONHomes for Homeless People -
Helpline

Unit 1-2

Inkerman Street

Luton

Bedfordshire

LU1 1JB

OPENING HOURS**AGES GROUPS****HELPLINE1****SERVICE**

Advice and information for anyone who is homeless or in housing crisis.

HOW CAN THE SERVICE BE ACCESSED?

Telephone

Returned:

N

ORGANISATION

Lesbian and Gay Switchboard - Helpline

PO Box 7324

London

N1 9QS

020 7837 6768

Returned:

OPENING HOURS

24 hours

AGES GROUPS

All ages.

HELPLINE1

02078377324

www.llgs.org.uk

admin@llgs.org.uk

SERVICE

LLGS is a helpline aiming to offer 24 hour information and support for lesbians, gay men, bisexuals and anyone concerned about their sexuality or wishing to discuss or consider lesbian and gay issues. LLGS operates a UK wide search directory at www.queery.org.uk

HOW CAN THE SERVICE BE ACCESSED?

Telephone

ORGANISATION

Message Home - Helpline

OPENING HOURS**AGES GROUPS****HELPLINE1**

0800 700740

help@messagehome.org.uk

SERVICE

Confidential helpline to let someone know that you are safe if you have runaway of left home.

HOW CAN THE SERVICE BE ACCESSED?

Telephone

Returned:

ORGANISATION

Mid Ulster Child Contact Centre

MUCC

Gortalowry House

94 Church Street

Cookstown

BT80 8HX

(028) 86 76777

Returned:

OPENING HOURS**AGES GROUPS**

0-18 years

HELPLINE1

fmckccc@aol.com

SERVICE

Provides a safe and neutral place where children can meet with parent or other family member following family partition due to separation or divorce. Publish and raise awareness within the community regarding the effect on children of family separation.

HOW CAN THE SERVICE BE ACCESSED?

Solicitors and Courts, Social Services, Self Referrals.

ORGANISATION

National Aids - Helpline

OPENING HOURS**AGES GROUPS****HELPLINE1**

www.avert.org

SERVICE

Information and advice on HIV and AIDS.

HOW CAN THE SERVICE BE ACCESSED?

Free phone

Returned:

N

ORGANISATION

National Drugs - Helpline

OPENING HOURS

24 hours a day

AGES GROUPS

All ages.

HELPLINE1

0800 77 66 00

SERVICE

Provides a range of services on drug related issues.

HOW CAN THE SERVICE BE ACCESSED?

Telephone

Returned:

N

ORGANISATION

National Missing Persons - Helpline

OPENING HOURS**AGES GROUPS****HELPLINE1**

0500 700 700

enquiries@missingpersons.org

SERVICE

Counselling, listening and practical support for anyone missing relatives or immediate family members.

HOW CAN THE SERVICE BE ACCESSED?

Telephone

Returned:

N

ORGANISATION

NI Association for Mental Health

Child & Parent Support Project

Clarendon Street Beacon Centre
20 Clarendon Street

Londonderry

BT48 7ET

(028) 71 269677

OPENING HOURS**AGES GROUPS****HELPLINE1**

niamhteamb@talk21.com

SERVICE**HOW CAN THE SERVICE BE ACCESSED?**

Returned:

N

ORGANISATION

NI Deaf Youth Association

Wilton House
5 College Square North

Belfast

BT1 6AR

(028) 90 438566

OPENING HOURS**AGES GROUPS**

10-18 years

HELPLINE1

www.nidya.org.uk

SERVICE

Provides social, educational and psychological needs of Northern Ireland's young deaf people. Mentor service, children's clubs, youth clubs, transition support services, volunteer and training services

HOW CAN THE SERVICE BE ACCESSED?

Self or professional referral

Returned:

Y

ORGANISATION

NI Mother and Baby Action

54 Scotch Quarter
Hope House

Carrickfergus

BT38 7DP

(028) 93 329933

OPENING HOURS**AGES GROUPS**

0-2 years

HELPLINE1

www.nimba.org.uk

information@nimba.org.uk

SERVICE

Provides support and services to parents of premature babies, infants requiring intensive nursing care and multiple births .

HOW CAN THE SERVICE BE ACCESSED?

Telephone

Returned:

N

ORGANISATION

NIACRO

PACS Project (Parent and child support - Children of prisoners)

Amelia House

4 Amelia St

Belfast

BT2 7GS

(028) 90 320157

OPENING HOURS**AGES GROUPS**

Pre-school to 17 years

HELPLINE1

www.niacro.co.uk

niarco@niacro.co.uk

SERVICE

Provides support to prisoner's partners and their children including transport information, welfare & benefits advice, information on prison visits, one to one practical and emotional support for adults & children, and various group activities.

HOW CAN THE SERVICE BE ACCESSED?

Self or professional referral

Returned:

Y

ORGANISATION

NIACRO

Family Links

4 Amelia House

Belfast

BT2 7GS

028 90 320157

OPENING HOURS

Monday- Friday 9am-5pm

AGES GROUPS

All ages.

HELPLINE1

www.niarco.co.uk

marcyc@niacro.co.uk

SERVICE

Provides practical and emotional support for prisoners, ex-prisoners and their families.

HOW CAN THE SERVICE BE ACCESSED?

All professionals and probation services.

Returned:

Y

ORGANISATIONNICMA - NI
Childminding Association

16/18 Mill Street

Newtownards

BT23 4LU

(028) 91 811015

OPENING HOURS**AGES GROUPS**

0-12 years

HELPLINE1

www.nicma.org

info@nicma.org

SERVICE

Offers advice, support and training to registered childminder's. Provides vacancy service to assist parents looking for childcare. Information and advice line, business line, childminding vacancy service, support of local development officer, public and legal liability insurance, training and support groups, publications.

HOW CAN THE SERVICE BE ACCESSED?

Returned:

Y

ORGANISATION

Northern Health and Social Care Trust
Carnview Children's Home

41 Knockenagh Avenue

Newtownabbey

BT36 6AQ

028 9036 5733

OPENING HOURS**AGES GROUPS**

13-18 years

HELPLINE1**SERVICE****HOW CAN THE SERVICE BE ACCESSED?**

Returned:

Y

ORGANISATION

Northern Health and Social Care Trust
Ballee Adolescent Unit

5a Hollybank Park

BALLYMENA

BT42 2HJ

OPENING HOURS**AGES GROUPS****HELPLINE1****SERVICE****HOW CAN THE SERVICE BE ACCESSED?**

Returned:

N

ORGANISATION

Northern Health and Social Care Trust
Community Addiction Service

1A Parkmore Drive

Cullybackey Road

Ballymena

BT43 5DT

(028) 25 658462

OPENING HOURS

Monday- Friday 9:00am- 5:00pm

AGES GROUPS

18+ years

HELPLINE1

www.northerntrust.hscni.net

enquiries.cas@northerntrust.hscni.net

SERVICE

Information, advice, assessment & treatment for individuals and their families with alcohol or drug related problems.

HOW CAN THE SERVICE BE ACCESSED?

GP, hospital doctor or consultants

Returned:

Y

ORGANISATION

Northern Health and Social Care Trust
Family Group Conferencing

OPENING HOURS**AGES GROUPS****HELPLINE1****SERVICE**

Works with families under stress where there is a risk of breakdown; helps prevent children from coming into care, established sibling contact: helps in the reunification of children with their birth parents; works with children at risk of exclusion from school.

HOW CAN THE SERVICE BE ACCESSED?

Returned:

N

ORGANISATION

Northern Ireland Hospice

74 Somerton Road

Belfast

BT15 3LH

02890778898

OPENING HOURS**AGES GROUPS**

All ages

HELPLINE1

www.nihospice.com

information@nihospice.com

SERVICE

Provides support and helps young people in difficult situations. They talk to young people face-to-face to help them cope with difficult feelings, they also provide groups and work with families as a whole. They also have a residential weekend every year.

HOW CAN THE SERVICE BE ACCESSED?

Anyone can refer children and young people for support, either pre or post bereavement. However the person who is ill/died must be or have been a hospice patient either an inpatient or in the community.

Returned:

Y

ORGANISATION

Probation Board NI

123 Doagh Road

NEWTOWNABBEY

BT39 9QP

(028) 90 854123

OPENING HOURS

Monday-Friday 9am-5pm

AGES GROUPS**HELPLINE1**

www.pbni.org.uk

admin.doagh@pbni.org.uk

SERVICE

Provides various services to reduce crime within the community.

HOW CAN THE SERVICE BE ACCESSED?

Returned:

N

ORGANISATION

Rape Crisis and Sexual Abuse
Centre NI

29 Donegall Street

Belfast

BT1 2FG

(028) 90329 001

OPENING HOURS

Monday - Friday 9.00 am - 6.00pm

AGES GROUPS

16+ years

HELPLINE1**SERVICE**

Confidential support and counselling for all survivors of sexual assault. Adult survivors of child abuse and support and counselling also available to family members of survivors.

HOW CAN THE SERVICE BE ACCESSED?

Self or professional referral

Returned:

ORGANISATION

Sure Start

Gold Community Partnership

2b Coagh Crescent

Cookstown

BT80 8NH

(028) 86 769994

OPENING HOURS

Monday-Friday 9am-5pm

AGES GROUPS

0-3 years

HELPLINE1

www.surestart.org.uk

gold.partnership@btconnect.com

SERVICE

Provides home support, Toy library, Safety Equipment, Training for parents, baby massage - services for families with disability - support for ethnic minority families, all within a community development framework.

HOW CAN THE SERVICE BE ACCESSED?

Through Health Visitor Referrals, Social Workers, GPs but mainly self referral.

Returned:

ORGANISATION

The Samaritans - Helpline

20 Logde Road

Coleraine

BT52 1NB

028 7032 0000

OPENING HOURS

24 hours a day

AGES GROUPS

All Ages

HELPLINE1

0845 7909090

www.samaritans.org.uk

jo@samaritans.org

SERVICE

Samaritans is available 24 hours a day to provide confidential emotional support for people who are experiencing feelings of distress or despair, including those which may lead to suicide.

HOW CAN THE SERVICE BE ACCESSED?

Self referral

Returned:

Y

ORGANISATION

Thorndale Family Centre
(Salvation Army)

Residential Family Assessment
Centre

8 Duncairn Avenue
Antrim Road

Belfast

BT14 6BP

028 90351900

OPENING HOURS

24 hours staff coverage

AGES GROUPS

Parents must be 16 years.
Children 0-18 years

HELPLINE1

dawn.richardson@salvationarmy.o

SERVICE

Residential Parenting assessment Programme, resettlement programme, aftercare, contact, pre-school playgroup.

HOW CAN THE SERVICE BE ACCESSED?

Parenting assessment - referrals via social services
Resettlement - referrals via housing executive

Returned:

Y

ORGANISATION

Threshold

432 Antrim Road

Belfast

BT15 5GB

(028) 90 871312

OPENING HOURS**AGES GROUPS**

16+ years

HELPLINE1

www.thresholdservices.com

info@thresholdservices.com

SERVICE

Offers treatment for many different problems. They have a residential unit in the Northern board area that helps people recover from mental illness or emotional breakdown. They also run groups to help people who have been emotionally affected by "the troubles". Threshold use a type of talking treatment where they help a person to look at their relationships with other people and how this may affect their emotional wellbeing.

HOW CAN THE SERVICE BE ACCESSED?

Professional referral

Returned:

N

ORGANISATION

Victim Support (NI)

Floor 2

124 Broughshane Street

BALLYMENA

BT43 6EE

(028) 25 630784

OPENING HOURS

Monday -Friday 9am- 5pm

AGES GROUPS

All ages

HELPLINE1

(028) 90244039

www.victimsupport.org

ita.mcerlean@victimsupportni.org.

SERVICE

Emotional support and practical advice for victims of crime. Criminal injuries compensation service, court support for witnesses

HOW CAN THE SERVICE BE ACCESSED?

Police referral, self referral

Returned:

Y

ORGANISATION

Women's Aid

Children's Project

61 Molesworth Street

COOKSTOWN

BT80 8PA

(028) 86 769300

OPENING HOURS**AGES GROUPS**

0-18 years

HELPLINE1

womensaidcookstown@hotmail.co

SERVICE

Empowers children and young people who suffer from physical and emotional abuse in the home and are socially excluded and marginalised by offering emotional support, therapeutic play and structured courses. Works with women and children who have or who are experiencing domestic violence to provide information and support. Provides effective aftercare service and community based child worker. Refuge can accommodate 9 families.

HOW CAN THE SERVICE BE ACCESSED?

Returned:

Y

ORGANISATION

Youth Line - Helpline

Young Citizens

OPENING HOURS

Mon - Fri 4pm - 9 pm

AGES GROUPS

All ages.

HELPLINE1

0808 8088000

www.childline.org.uk

info@contactyouth.org

SERVICE

Advice for young people on alcohol and it's effects.

HOW CAN THE SERVICE BE ACCESSED?

Returned:

Y

